



BSOG CME 2023



7th to 11th June 2023, BENGALURU

API Bhavana, 16/F, Miller Tankbund Road, Vasanthnagar, Bengaluru 560052



CME COMMITTEE

PRESIDENT

Dr. Shubha Rama Rao

CHAIRPERSON

Dr. Thejavathy G V

CASE DISCUSSIONS

Dr. Gomathy Narayanan

Dr. Sundari N

Dr. Padmaja P

Dr. Jyothika A Desai

Dr. Nagarathnamma R

DRILLS

Dr. Thejavathy GV

Dr. Susheela Rani BS

Dr. Sunitha B

Dr. Hemavathi Srinivasan

SCIENTIFIC PROGRAM

Dr. Shubha Rama Rao

Dr. Indira C Reddy

Dr. Vijaykumar C R

WORKBOOK

Dr. Sheela V Mane

Dr. Rekha Rajendrakumar

Dr. Soumya Mahesh Koregol

BROCHURE

Dr. Padmini Prasad

Dr. Sunil Eshwar

FOOD

Dr. Venkatesh N

SOPP

Dr. Jayanthi T

Dr. Jyothi GS

Dr. Mangala Devi

2 MINS 2 SLIDES

Obstetrics

Dr. Prakash K Mehta

Dr. Susheela Rani B S

Gynaec

Dr. Arulmohzi Ramarajan

Dr. Jyothika A Desai

Dr. KV Malini

Fertility & Family Welfare

Dr. Shobha N Gudi

Dr. Shlipa GB



BSOG OFFICE BEARERS

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Dr. Santosh Gupta
Dr. Shilpashree H
Dr. Shilpashree N
Dr. Srimathy Raman

INVITED MEMBERS

Dr. Kamini A Rao
Dr. Hema Divakar
Dr. Sheela V Mane

ADVISORY COMMITTEE

Dr. Jyothika A Desal
Dr. KV Malini
Dr. Nagarathnamma R
Dr. Padmini Prasad
Dr. Shobha N Gudi

Contact: Dr. Thejavathy G V,
98455 57464 / 9035173865,
email: bsogpgforum@gmail.com



FACULTY OBSTETRIC DRILLS

FORCEPS AND VACUUM

Dr. Padmini Prasad
Dr. Sunitha B
Dr. Akhila
Dr. Nirmala BM
Dr. Rajnish Samal
Dr. Hemavathi Srinivasan
Dr. Megha
Dr. Phani Swetha
Dr. Usha
Dr. Navya
Dr. Shilpashree H

PPH MEDICAL

Dr. Manjula NV
Dr. Radhika
Dr. Ashwini
Dr. Angeline
Dr. Nandini
Dr. Rashmi Patil

PPH SURGICAL

Dr. Shilpa G B
Dr. Geetha Shanbhag
Dr. Aarthi Sreedhar
Dr. Kavitha Pujar
Dr. Arpitha
Dr. Manjula Patil

BREECH

Dr. Chandrika Muralidhar
Dr. Shashikala Karanth
Dr. Ramya Shankar
Dr. Namratha
Dr. Vijaykumar C R
Dr. Akshita

PELVIS AND PRESENTATION

Dr. Gomathy Narayanan
Dr. Suvarna R
Dr. Roopakala BM
Dr. Nalini Arunkumar
Dr. Sathyavani C
Dr. Shailaja N
Dr. Malathi
Dr. Kusuma Naik
Dr. Jayashree Venkataram

SHOULDER DYSTOCIA

Dr. Padmakshi P
Dr. Madhuri Saha
Dr. Chaitra KN
Dr. Tara D
Dr. Mamatha Shetty

ECLAMPSIA

Dr. Annamma Thomas
Dr. Jyothi G S
Dr. Srimathy Raman
Dr. Savitha C
Dr. Shiny Verghese
Dr. Gayathri Karthik
Dr. Ashakiran T R

ECV

Dr. Malini KV
Dr. Thejaswini KK
Dr. Shashikala Patil
Dr. Ashok Kumar Devoro
Dr. Rashmi K S

IPV & MRP

Dr. Sarojini
Dr. Bhanu BT
Dr. Prathima
Dr. Raksha
Dr. Ashok HS
Dr. Tejashwini D



FACULTY GYNAEC DRILLS

HYSTEROSCOPY

Dr. Shilpa G B
Dr. Madhuri Vidyashankar
Dr. Mahesh Koregol
Dr. Sowmya Mahesh
Dr. Sunil Eshwar
Dr. Rutuja
Dr. Navya
Dr. Shilpashree N
Dr. Rashmi Patil
Dr. Lavanya
Dr. Santosh Gupta

LAPAROSCOPY

Dr. Saraswathi Ramesh
Dr. Payal
Dr. Rekha Rajendrakumar
Dr. Arathi Sreedhar
Dr. Harinath
Dr. Sriprada Vinekar
Dr. Shafalika SB
Dr. Thejashree

MVA

Dr. Suvarna R
Dr. Tara D
Dr. Nalini Arunkumar
Dr. Malathi T
Dr. Roopakala
Dr. Sathyavani C
Dr. Hethyshi

IUCD

Dr. Malini KV
Dr. Ashakiran TR
Dr. Sarojini
Dr. Madhuri Saha
Dr. Megha Chouhan

IMPLANT INSERTION

Dr. Shobha N Gudi
Dr. Jyothika Desai
Dr. Radhika

SURGICAL KNOTS

Dr. Gomathy N
Dr. Jayanthi T
Dr. Sunitha Mahesh
Dr. Manjula Patil
Dr. Shashikala Karanth
Dr. Manjula NV
Dr. Padmakshi P
Dr. Ramya Shankar
Dr. Hemavathi Srinivasan

COLPOSCOPY

Dr. Sundari N
Dr. Susheela Rani B S
Dr. Shubha Rama Rao
Dr. Usha
Dr. Jyothi G S
Dr. Phani Swetha

POP Q

Dr. Nagarathnamma R
Dr. Vijaykumar C R
Dr. Nagendra Prasad
Dr. Shailaja N
Dr. Kusuma Naik
Dr. Rashmi



WELCOME MESSAGE

Dear Students and teaching fraternity,

Greetings from Bangalore Society of OBG! We are delighted to announce that the much awaited Annual Post graduate CME to be held from 7th June to 11th June 2023 at API Bhavana, Bengaluru.

As usual, we are planning on covering all aspects of the subject extensively, through interactive sessions. BSOG has a tradition of providing immense opportunities to students from all over the country to present their talent, hone their skills and upgrade their knowledge several folds. The academic feast offered here will not only help them succeed in examinations but also inspire them to learn and train better in their residency courses.

Our efforts are directed towards bringing in the best faculty from all across the country for the case presentations and Skill drills. The ultrasound and CTG workshops will provide a complete learning experience for the students. We have "2 minutes, 2 slides" sessions, which can reinforce evidence-based practices, with dos and don'ts for critical, clinical situations, presented by our young enthusiastic consultants.

All five days we promise a wide variety of delectable cuisine, our CME is known for excellent, mouth-watering food.

We welcome you to register in large numbers. Kindly seek out your participatory roles and make your travel plans well in advance.

We request all teachers and Heads of Institutions to encourage their students to register and experience this intense learning exercise.

Team BSOG CME 2023

7th JUNE 2023

WEDNESDAY

Timings	Session	Topic	Faculty
08.30am - 09.30am		CTG workshop	Dr. Latha Venkataram
			Dr. Srimathy Raman
09.30am - 10.30am	Long case	RPL	Dr. Kasturi Donimath
			Dr. Jayanthi T
			Dr Rohini
10.30am - 10.45am	Inauguration		
10.45am - 10.55am	2 mts 2 slides	• Significance of Uterine artery PI	Dr. Chaitra
	Obstetrics	• Place of Plasmapheresis in Obstetrics Today	Dr. Tara D
		• Immunization-TD/Tdap	Dr. Padmakshi P
		• Use & Misuse of NIPT	Dr. Mangaladevi
10.55am - 11.15am	Coffee/Tea Break		
11.15am - 12.15pm	Long case	Infertility	Dr. Hemanth Deshpande
			Dr. Rajani Uday
			Dr. Shailaja N
12.15pm - 12.45pm	Short case	Abnormal vaginal discharge	Dr. Kasturi Donimath
			Dr. Shirley George
12.45pm - 1.00pm	Talk	Place of prenatal screening in current scenario	Dr. Prathima Radhakrishna
01.00pm - 02.00pm	Lunch Break		
02.00pm - 02.10pm	2 mts 2 slides	• Epidural Analgesia for all labouring women ?	Dr. Shilpashree H
	Obstetrics	• Short Cervix : Cerclage or Pessary	Dr. Nirmala BM
		• Role of Statins in HDP	Dr. Sunitha Mahesh
		• Should we do Cord blood Gases routinely ?	Dr. Srimathy Raman
02.10pm - 02.30pm	SDPP selection		
02.30pm - 03.30pm	Long case	Multiple pregnancy	Dr. Palaniappan
			Dr. Chitra TV
			Dr. Jyothi GS
03.30pm - 04.00pm	Short case	Breech	Dr. Hemanth Deshpande
			Dr. Asha Kiran
04.00pm - 04.15pm	Coffee/Tea Break		
04.15pm - 05.15pm	Long case	Ovarian tumor	Dr. Premalatha
			Dr. Shobha Gudi
			Dr. Prameela HJ
05.15pm - 05.45pm	USG workshop	IOTA Evaluation of Adnexal masses	Dr. Mala Sibal
05.45pm - 06.15pm		Doppler in FGR	Dr. B. Ramamurthy



Sponsored by:

**8th JUNE 2023****THURSDAY**

Timings	Session	Topic	Faculty
08.00am - 9.00am	SDPP	Obstetrics	Dr. Srinivas
			Dr. Annamma Thomas
			Dr. Sathyavani C
9.00am - 10.00am	Long case	Heart disease in pregnancy	Dr. Suma
			Dr. Jyothika Desai
			Dr. Gayathri Karthik
10.00am - 10.30am	Short case	Fibroid uterus	Dr. Haresh Doshi
			Dr. Padmasri
10.30am - 11.30am	Long case	FGR	Dr. Haresh Doshi
			Dr. Krishna L
			Dr. Sujani BK
11.30am - 11.45am	Coffee/Tea Break		
11.45am - 12.45pm	Long case	AUB	Dr. Sareena Gilvaz
			Dr. Padmaja
			Dr. Shiny Verghese
12.45pm - 12.55pm	2 mts 2 slides	• LNG IUS and Breast cancer-The latest evidence	Dr. Ramya Shankar
	Gynaec	• Which is better? WC or BMI in predicting risk of NCDs	Dr. Priyanka Dilip
		• Fibroadenoma of the breast- When to Intervene?	Dr. Bhanu B T
		• Pipelle Sampling or Hysteroscopic biopsy in Endometrial Hyperplasia	Dr. Aarthi Sridhar
12.55pm - 01.10pm	Talk	Recent Advances in ART	Dr. Kamini Rao
01.10pm - 02.10pm	Lunch Break		
02.10pm - 02.20pm	2 mts 2 slides	• Inositols in PCOS-how much & how long?	Dr. Shilpashree N
	Gynaec	• Adenomyosis/Adenomyoma Medical Vs Surgical management?	Dr. Rashmi Patil
		• Shingle vaccine-do we need it ?	Dr. Megha Chouhan
		• Ovarian rejuvenation- Myth or Reality?	Dr. Rekha Rajendrakumar

8th JUNE 2023



THURSDAY

Sponsored by:



Timings	Session	Topic	Faculty
02.20pm - 03.20pm	Long case	Anemia in pregnancy	Dr. Vidya Thobbi
			Dr. Arulmozhi R
			Dr. Srinivas K
03.20pm - 03.50pm	Short case	GTN	Dr. Sareena Gilvaz
			Dr. Ratna Bulusu
03.50pm - 04.50pm	Long case	Previous LSCS	Dr. Shukla Shetty
			Dr. Umadevi K
			Dr. Shubha Ram Rao
04.50pm - 05.50pm		Table Viva	Dr. Gomathy Narayanan
			Dr. Suvarna R

9th JUNE 2023



FRIDAY

Timings	Session	Topic	Faculty
08.00am - 9.00am	SDPP	Gynecology	Dr. Nalini Arun
			Dr. Pramila Gupta
			Dr. Poornima
09.00am - 10.00am	Long case	PMB	Dr. Sundari N
			Dr. Sheela Mane
			Dr. Gomathy E
10.00am - 11.00am	Long case	Hypertensive disorders in pregnancy	Dr. Sudha
			Dr. Thejavathy G .V
			Dr. Rajnish Samal
11.00am - 11.30am	Short case	Urinary incontinence	Dr. Kiran Ashok
			Dr. Vijaya kumar CR
11.30am - 11.45am	Coffee/Tea Break		
11.45am - 12.45pm	Long case	Pelvic organ prolapse	Dr. Habeebulla
			Dr. Nagaratnamma R
			Dr. Venkatesh N



Timings	Session	Topic	Faculty
12.45pm - 12.55pm	2 mts 2 slides	•Is hysteroscopy indicated routinely before ET?	Dr. Soumya Mahesh Koregol
	Fertility & Family Welfare		
		•IVF or ICSI for all?	Dr. Lavanya Kiran
		•Place of Ovarian Drilling in PCOS in the era of ART	Dr. Sunil Eshwar
		•Endometrial Scratching is it beneficial?	Dr. Santosh Gupta
12.55pm - 01.25pm	Talk	Revised MTP Act/ Documentation/ Counselling	Dr. Hitesh Bhatt
01.25pm - 02.10pm	Lunch Break		
02.10pm - 02.20pm	2 mts 2 slides	•Contraceptive choices for the young	Dr. Hemavathi Srinivasan
	Fertility & Family Welfare		
		•Overweight, Obese and Contraception	Dr. Akshita Seth
		•Contraceptive implant the new LARC	Dr. Ashwini Mansoor
		•Intrauterine PPIUCD acceptance and impact on future conception	Dr. Radhika Chetan
02.20pm - 03.20pm	Long case	Endometrial cancer	Dr. Habeebulla
			Dr. Sunanda Kulkarni
			Dr. Ravi Patil
03.20pm - 03.50pm	Short case	Prolonged pregnancy	Dr. Sita Panikkar
			Dr. Rajiv Saxena
03.50pm - 04.50pm	Long case	Cancer Cervix	Dr. Aswath Kumar
			Dr. Sita Panikkar
			Dr. Sujatha Datti
04.50pm - 05.50pm	Long case	Hyperglycemia in Pregnancy	Dr. Rajasri Palladi
			Dr. Susheela Rani
			Dr. Sai Lakshmi



10th JUNE 2023

- SATURDAY -

Timings	Session	Topic	Faculty
08.00am - 9.00am	SDPP	Fertility and family welfare	Dr. Rekha Rajendrakumar
			Dr. Mangala Devi
			Dr. Sunil Eshwar
09.00am - 10.00am	Long case	Primary amenorrhoea	Dr. Sangeeta Menon
			Dr. Malini
			Dr. Savita C
10.00am - 11.00am	Long case	Jaundice in pregnancy	Dr. Veerendra Kumar
			Dr. Sangeeta Menon
			Dr. Shashikala Karanth
11.00am - 11.10am		Introduction to drills	
11.10am - 11.30am	Coffee/Tea Break		
11.30am - 01.30pm		Obstetric drills	
01.30pm - 02.15pm	Lunch		
02.15pm - 06.00pm		Obstetric drills	

11th JUNE 2023

- SUNDAY -

Timings	Session	Topic	Faculty
08.30am - 12.30pm	Gynaec Drills		
12.30pm - 12.50pm	Coffee/Tea Break		
12.50pm - 01.05pm	Talk	Lakshya Certification	Dr. Shashikala
01.05pm - 01.20pm	Talk	TBA	
01.20pm - 01.35pm	Talk	TBA	
01.35pm - 02.00pm		Valedictory & Prize Distribution	



Two Minutes Two Slides: On popular demand we have included "2 minutes 2" slides to drive home practice points that are evidence based. In these punch presentations by young consultants, several "routine" practices are brought forward, and their relevance according to studies will be flashed.

CTG Workshop: CTG for the obstetrician is like ECG for the physicians. While the trace can be taken by any trained person, the interpretation of the trace is to be done very carefully, by the obstetrician, with proper clinical correlation. Most fatal errors arise from improper interpretation, as revealed by confidential inquiries. This workshop will enhance your understanding of fetal physiology and strengthen your skills in interpretation.

Drills: Obstetric emergencies demand quick thinking and correct methods and measures to save life. An entire day is devoted to providing hands-on training in dealing with such situations. Hands on training in the management of difficult deliveries, resuscitation of mother and newborn prepare you to handle any situation with confidence. Gynaec drills are designed to make you confident in handling gynecological situations, be it quantification of genital organ prolapse or insertion of an IUCD. We have another station to make you adept at using appropriate sutures and appropriate knots in surgeries, one more to teach you the skills of peeling the cyst wall at laparoscopy or placing sutures. Yet another station to interest you in Hysteroscopy. At the end of the day, the drills will make you feel exhilarated at the skills gained.

Ultrasound Workshop: This workshop is intended to impart focused training in identifying Doppler changes in Fetal growth restriction in obstetrics and how to evaluate adnexal masses by IOTA classification in gynaec usg.

Case Discussions: 4 students from assigned institutions will present the case. Case discussions will follow the pattern seen in examinations.

New Drills: Management of Eclamptic mother, the correct way of giving Mgso4, monitoring of the patient and use of antihypertensive drugs. The newer Contraceptive device 'The Implant', the technique of insertion, benefits and the follow up advice is included in the gynaec drill.

Colposcopy: Cervical cancer mortality rates are outnumbering our maternal mortality rates. A basic knowledge of Colposcopy is a must in identifying Cervical cancer in its early stages and the only means as of now to reduce the mortality. We have introduced this as a hands-on drill station to let you have the experience of looking at the cervix from close quarters.



SDPP

STUDENT DELEGATE PARTICIPATION PROGRAMME

Date: 8th June 2023

Topics: **Obstetrics**

1. AI in Obstetrics
2. Intrapartum ultrasound-- making instrumental delivery safer
3. Abuse of antenatal corticosteroids
4. Gestosis scoring system for prediction of HDP
5. Cervical Elastography
6. Chronic endometritis in RPL

Date: 9th June 2023

Topics: **Gynaecology**

1. Assessment of insulin resistance (IR) in lean PCOS
2. Cesarean scar niche
3. Strategies to diagnose Ovarian cancer-- IOTA or RMI/ ROMA
4. Current status of TOT and TVT in urinary incontinence.
5. Stem cells- Myths / Facts.
6. Chronic pelvic pain-- the challenges

Date: 10th June 2023

Topics: **Fertility & Family Welfare**

1. Global warming and testicular function
2. Social egg freezing
3. MiST IVF (Minimal Stimulation Method)
4. Ayushman Bharat mission and its support of public health
5. Sexual and reproductive health challenges for Adolescents
6. GOI Recommendations for male and female sterilizations



ACCOMMODATION



Please Note: Accommodation (exclusive of transport) has been arranged at Indian Social Institute, No. 24, Benson Road, Bangalore 560 040 Ph: 080-23536189/23536364/23536960. This is the most reasonable accommodation available in Bangalore city with clean rooms and clean toilets. Check in time is 5am. Those who arrive early (on 20th or before 5am on 21st will need to book for another day. Delegates wanting accommodation for their spouses as well need to make their own arrangement. Distance from venue is about 1.5km. Fare by auto is about Rs.50/-. A shuttle bus to provide free transport is arranged with 2 trips to the venue in the morning and 2 trips from the venue to ISI in the evening. Accommodation is compulsory for all 5days. As only limited accommodation is available, allotment will be on first come, first served basis. Accommodation requests must be accompanied by DD payable at Bangalore for full amount. No last minute requests for accommodation will be entertained.

Enquiries regarding accommodation may be made to BSOG, Ph: 080 22353515



BSOG CME 2023 REGISTRATION FORM

7th To 11th JUNE 2023. BENGALURU

Till 25th MAY 2023:	Rs.3500 + 18% GST	: Rs. 4130/-
From 26th MAY 2023-6th JUNE 2023	Rs.4000 + 18% GST	: Rs. 4720/-
Spot Registration	Rs.4500 + 18% GST	: Rs. 5310/-
Room with Twin beds with common bathroom : Rs.1680 for 5 days per person		
Room with Single Occupancy: Rs.3080/- for 5 days per person		
CME Fee	:	₹
Accommodation Fee	:	₹
Total	:	₹

Name:	Sex:	<input type="checkbox"/>	M	<input type="checkbox"/>	F
Institution Name:					
Email:					
Contact No.:					
Address:					
DD / Cheque / Cash for ₹:			DD / Cheque No.		
Bank Name :			Date:		

Please write your name and place on the backside of the DD / Cheque

DD / Cheque in favour of "BSOG PG FORUM"

Mail the form with DD / Cheque to: **BSOG, 16/F, API Bhavana, Millers Tank Bed Area, Vasanthnagar, Bengaluru 560052. Ph: 080 22353515, Email: bsogpgforum@gmail.com**

For Online registration: <https://forms.gle/957BDisEX31CPb89A>

Note: Registration fee includes breakfast, coffee and lunch on all days .

Signature