

Departments of  
**Obstetrics & Gynecology & Rheumatology**  
**Manipal Hospital Old Airport Road**

in association with

**Bangalore Society of Obstetrics & Gynaecology  
(BSOG)**

Invites you for the symposium on

## **Decoding Auto Immune Rheumatological Disorders (AIRD) in Women**

Autoimmune diseases are more often seen in women and impacts their whole life span from childhood through adolescence to menopause and beyond. It is becoming increasingly evident, that understanding their unique needs and catering effectively to their health and wellbeing needs a multidisciplinary approach. In an endeavour to advance this conversation on women's health, we bring forth this joint OBG-Rheumatology symposium.

Guest of Honour:

**Dr. H Sudarshan Ballal**

Chairman, MHEPL

**Time: 8:25 AM Onwards**

**Date: Sunday 25th June, 2023**

**Venue: Hotel Chancery Pavilion,**  
Residency Road, Bangalore

**Dr. Gayathri Karthik**  
HOD & Consultant -  
Obstetrics & Gynaecology

**Dr Abhishek Patil**  
HOD And Consultant -  
Rheumatology

***Karnataka Medical Council has granted 1 Credit hour***

**RSVP: Mallikarjun +96868 88810**

**Registration compulsory but free**

## PROGRAM SCHEDULE

Invocation: 8:25

Timing	Topic	Speaker
	<b>Chairpersons:</b> Dr Indira Reddy, Dr Savitha C	
0830 -0850	Empowering her Journey- with AIRD	Dr Gayathri Karthik
0850-0910	Immunological adaptation in pregnancy	Dr Prashant Bafna
0910-0930	Pre-conceptional counselling in AIRD	Dr Benzeeta Pinto
0930-0950	Bearing Life, Balancing Health: Effect of pregnancy on AIRD	Dr Sreejitha K S
0950-1010	Bearing life, Balancing Health- Effect of AIRD on pregnancy	Dr Shubha Rama Rao
1010-1030	<b>INAUGURATION and TEA BREAK</b>	
1030-1110	PANEL Conception to delivery: Smoothening the rocky path <b>Moderator:</b> Dr Gayathri Karthik	Dr Abhishek Patil Dr Meena Muthiah Dr Priti Venkatesh Dr Maitri Chaudhari
	<b>Chairpersons:</b> Dr Vijay Kumar, Prof. L. Krishna	
1110-1130	Firefighting: Management of lupus flare in pregnancy	Dr Vineeta Shobha
1130-1150	Firefighting: Management of APS and CAPS	Dr Ramesh Jois
1150-1210	Life within & beyond: Renal transplant & pregnancy	Dr Vishwanath Siddini
	<b>Chairpersons:</b> Dr Shashikala Karanth, Dr Sai Lakshmi	
1210-1230	Tiny warriors: Navigating neonatal complications	Dr Karthik Nagesh
1230-1300	Autoimmune disorders and RPL Can we prevent the cross connections?	Dr Abhishek Patil Dr Aditi Godse
1300-1320	Ray of hope: Preservation of fertility in patients with AIRD	Dr Mahesh Koregol
1320-1400	<b>LUNCH</b>	
	<b>Chairpersons:</b> Dr Shiny, Dr Annamma	
1400-1420	Life beyond pregnancy: Post-partum surveillance	Dr Jayashree Kanavi
1420-1440	Do Men Matter: Influence of paternal rheumatic disease on pregnancy	Dr Praveen Gowda
1440-1520	Panel - Case discussion - Dilemmas <b>Moderator:</b> Dr Aditi Godse	Dr Ramesh Jois Dr Sadhana Gupta Dr Rohan Augustine
1520-1540	What's new, but safe? Drugs and pregnancy- Current recommendations	Dr B G Dharmanand
1540-1600	Empowering comfort: Pain relief in AIRD	Dr Sadashiv Iyer
1600-1630	Our experience	Dr Nirupama Dr Radhika
1630-1640	Take home messages / Concluding remarks and Vote of thanks	Dr Gayathri Karthik Dr Abhishek Patil

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