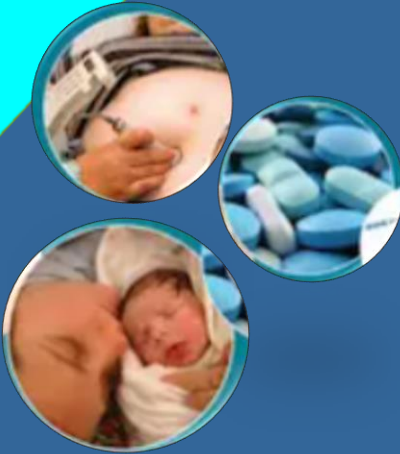




# Bangalore Society of Obstetrics and Gynaecology



**Invites you to a CME**  
**8<sup>th</sup> – 9<sup>th</sup> March 2025**



## Medical Disorders in Pregnancy

10 ICOG points awarded & KMC Credit points awaited



**Dr. Sunita Tandulwadkar**  
President FOGSI



**Dr. Suvarna Khadilkar**  
Secretary General, FOGSI



**Dr. Niranjana Chavan**  
Hon. Treasurer FOGSI



**Dr. Komal Chavan**  
Vice President FOGSI



**Dr. Manoj Chellani**  
Chairperson MDIP FOGSI



**Dr. Rekha Rajendrakumar**  
President, BSOG



**Dr. Uma Devi K**  
Hon. Secretary BSOG



**Dr. Indira C Reddy**  
Hon. Treasurer BSOG



**Dr. Jyothika Desai**  
Scientific Chair

**Block your dates: 8<sup>th</sup> & 9<sup>th</sup> March 2025**  
**Venue: API Bhavana, Vasanthnagar, Bengaluru**

**Registration fee: 1180/- (inc GST)**

The link to registration  
<https://docs.google.com/forms/d/e/1FAIpQLSf64cJLcqeVfVSfAdVWkavVq6VddbqjAkSqm705HAhstRdICA/viewform>

*This International Women's Day – Let's make it memorable with exchange of knowledge*

## Day 1 Saturday 08.03.2025

Time	Session details	Speaker/Moderator	Chairpersons/ Panelists
9.45 am	Welcome and Introduction		
10.00 – 11.00 am (12 x 4+ 12)	Session – 1		Chairpersons Dr Shiny Varghese Dr Seema Rani M V
	Management of pregnant epileptic women	Dr Monica Umerdand (online)	
	Management of FGR – what obstetricians need to know	Dr Sneha Bhuyar (online)	
	Sickle cell disease and Thalassemia in pregnancy – the Hematological genetic disorders	Dr Jeyarani Kamaraj (online)	
	Asthma in pregnancy	Dr Munjal Pandya (online)	
	Interaction		
11.00 – 12.00 pm (12x4+12)	Session – 2		Chairpersons Dr Jyothika A Desai Dr Rekha Rajendrakumar
	Presidential Address	Dr Sunita Tandulwadkar President FOGSI (online)	
	Nutrition in pregnancy – eating healthy, healthy baby	Dr Vidya Thobbi (online)	
	Management of pregnancy in Diabetic ketoacidosis	Dr Manoj Chellani Chairperson, Medical Disorders in Pregnancy FOGSI (online)	
	Teenage pregnancy, too early to be a mother	Dr Sampathkumari (online)	
	Interaction		
12.00 – 1.00 pm (12x4+12)	Session – 3		Chairpersons Dr Srimani Rajagopalan Dr Ramya Shankar
	Pregnancy in a woman with Endometriosis, is it going to affect mother and baby?"	Dr Kalpana Balamurugan (online)	
	Hyperthyroidism in pregnancy	Dr Rakhi Singh (online)	
	How does PCOS affect pregnancy?	Dr Chaitanya Ganapule (online)	
	“Breaking Bad News” (by Amaha – Your mental health partner)	Dr Soumya Parameshwaran, <i>Psychiatrist</i> (offline)	
	Interaction		
1.15–2.15 pm	Lunch		

2.15-3.15 pm (12x4+12)”	“High-Risk Pregnancy- Learn from the experts!”		Chairpersons
	Extended Inverted Pyramid of care- (extended pre-conceptional care)	Dr Padmaja P	Dr Vidyamani Lingegowda Dr Padmini Prasad
	Acute kidney injury in pregnancy- how to manage?	Dr Rammohan Bhat, <i>Nephrologist, Kauvery Hospital</i>	Dr Indira C Reddy
	Rash in pregnancy - “A Pandora’s Box	Dr M V Shenoy, Dermatologist, <i>Mallige Hospital</i>	Dr Shashikala Karanth
	Hyperemesis Gravidarum	Dr Mangala Devi	
	Interaction		
3.15-4.15pm (50+10)	A Dialogue on GDM	Dr Sheela Mane, <i>Vice Chairperson, ICOG</i> Dr Susheela Rani Dr Vageesh Ayyar, <i>Endocrinologist, St. Johns Hospital</i>	
	Primordial Prevention-Is screening at booking already late?, Can any Screening method be employed- Merits and Demerits, How effective is MNT in controlling sugars?, Which is currently preferred- OHA or Insulin?, Long term impact on mother with controlled GDM and uncontrolled GDM, Long Term impact of Metformin and Insulin on the offspring . Differences between capillary and venous blood glucose testing, Ideal Targets in Indian women, Management of labour, Macrosmia in well controlled HIP, The Way Forward- Newer molecules -GLP 1; CGM		
4.15-5.15pm 15x3+15	When blood thickens” Thrombophilia and Thromboprophylaxis		
4.15 – 4.30 pm	Unravelling Anti-Phospholipid Antibodies	Dr Abhishek Patil <i>Rheumatologist, Manipal Hospital</i>	Chairpersons: Dr Padmini Isaac Dr Venkatesh N Dr Sheela CN Dr Padmasri
4.30 – 4.45 pm	Platelet disorders in pregnancy – be aware	Dr Ashish Dixit, <i>Haematologist, Manipal Hospital</i>	
4.45 – 5.00 pm	Thromboprophylaxis in pregnancy and puerperium	Dr Prathima Reddy	
5.00 – 5.15 pm	Interaction		
5.15-5.45pm	Inauguration & International Women’s Day Celebration	<b>Chief Guest:</b> <b>Padmashri Dr Vijayalakshmi Deshmane</b> <i>Former Director in charge and HOD, Dept of Surgical Oncology Kidwai</i>	
5.45-6.30pm	Cultural Activity - Antakshari – Conducted by Dr. Chandrika Muralidhar		
6.30 pm	High Tea		

## Day 2 Sunday 09.03.2025

Time	Session details	Speaker/Moderator	Chairpersons/ Panelists
8.00-9.00am 12x4+12	“Practice changing updates! Hypertensive Disorders in Pregnancy”		Chairpersons- Dr Gayathri Karthik, Dr Suvarna Ramaswamy, Dr Vijaykumar CR, Dr Anuradha Paramesh
	Prediction of Preeclampsia in 1 <sup>st</sup> Trimester	Dr Uma Devi K	
	Anti-Hypertensives in pregnancy- When to start, Dose, Target Blood Pressure, when to stop post-delivery?	Dr Prakash Mehta	

	Mini PIERs, FULL-PIERs, Rule in and Rule out- What one should know?	Dr Revathy Rajan	
	Management of Labour in Preeclampsia	Dr Nagarathnamma R	
	Interaction		
9.00-10.00am	A Dialogue on “ <i>Matters of the Heart</i> ” The Heart and Pregnancy	Dr Asha Kiran and Dr V S Prakash, <i>Cardiologist, Ramaiah Hospital</i> Dr Yerriswamy, <i>Professor, Jayadeva Hospital</i> Dr Azam, Critical care specialist, <i>Mahaveer Jain Hospital</i>	
	Do all pregnant women need a 2D Echo? Cardiac interventions during pregnancy, Arrhythmias/valvular diseases in pregnancy, Current management and long-term prognosis of PPCM, Is PAC mandatory? Long term CVD risks in High-Risk pregnancy		

10.00-11.00am	<b>FOGSI GSK Session</b> <b>Vaccination at all ages</b>		
10.00-10.15am	Vaccination in pregnancy	Dr Jyothi G S <i>Member FDMSE FOGSI</i>	Chairpersons: Dr. Durgadas Asranna, <i>Member FDMSE FOGSI</i> Dr. Vishnupriya K M N <i>Member FDMSE FOGSI</i>
10.15-11.00am	Panel Discussion on “Vaccination - Adolescence to Senescence”	Moderators- Dr Shobha N Gudi, <i>Past Chairperson FWC, FOGSI</i> Dr Shubha Rama Rao  Expert- Dr Chandrika Muralidhar	Panelists- Dr Shilpashree N, Dr Nirmala B M, Dr Anuradha Gadangi Dr Radhika Chetan, Dr Arathi Sridhara, Dr Rashmi Patil, Dr Soumya Mahesh Koregol
11.00-11.15am	Chai pe charcha		
11.15-12.00pm	Panel Discussion on Viral Infections in pregnancy	Moderators- Dr Malini K V Dr Srinivas K Jois  Expert: Dr Thejavathy G V	Panelists- Dr Shirley George, Dr Shailaja N, Dr Renuka Devi, Dr Shanthala S, Dr Shilpashree H, Dr Manjula Patil

12.00-12.45pm	Dialogue on <i>Pale to Pink</i> - Anaemia in pregnancy	Dr Sripada Vinekar and Dr Sithalakshmi <i>Haematologist, St Johns Hospital</i> <i>Dr Rasmi Palassery, Haematologist, M. S. Ramaiah Hospital</i> Dr Suman Rao, <i>Paediatrician, St Johns Hospital</i> Dr Shivaram, <i>Blood Transfusion Specialist, Manipal Hospital</i>	
	Complete Haemogram at booking- Importance, Neurocognitive effects of IDA on the offspring- are they preventable? More about IV FCM and newer molecules in managing IDA Current trends in Blood transfusion, An anaemic infant, etc		
12.45 -1.15pm	Dialogue on Mental Health and Neurological disorders in Pregnancy	Dr Aruna Muralidhar, Dr Srinivas H V, <i>Neurologist , Sagar Hospital</i> Dr Geetha Desai, <i>Psychiatrist, NIMHANS</i>	
	Medication safety-in Mental health disorders, Anti-seizure drugs in pregnancy. PRES Headache in pregnancy, Puerperal Psychosis		
1.15 -2.00pm	Lunch		
2.00 to 3.30pm 20x2+15x2+20	“Newer Insights”		Chairpersons- Dr Pushpa Srinivas, Dr Sunanda Kulkarni, Dr Mohini Prasad, Dr Savitha C
2.00 – 2.20 pm	Obstetric Cholestasis- diagnosis and management	Dr Sathyaprakash <i>Hepatologist , Visiting Prof. M S Ramaiah Hospital</i>	
2.20 – 2.40 pm	Spectrum of Thyroid disorders in pregnancy	Dr Subramanian Kannan, <i>Endocrinologist, NH</i>	
2.40 – 2.55 pm	Nuances in Management of ART pregnancy	Dr Rekha Rajendrakumar	
2.55 – 3.10 pm	Obesity/ Bariatric Surgery and Pregnancy	Dr. Rajnish Samal	
3.10 – 3.30 pm	Interaction		
3.30 to 4.00pm	A Dialogue on Pregnancy and cancer	Dr Sundari N with Dr. U D Bafna Dr Jayanti Thumsi, <i>BGS Global Hospital</i> Dr Vadiraj, HOD <i>Radiotherapy, Manipal</i> Dr Sandhya Appachu, <i>Medical Oncologist, Shankara Hospital</i>	

4.00- 4.45pm	Panel Discussion on “Controversies in management of some obstetrical situations”	Moderators- Dr Latha Venkatram, Dr Srimathy Raman  Expert: Dr Jayanthi T	Panelists- Dr. Azam Dr Sujani, BK Dr Madhav Prasad, Dr Shiny Varghese, Dr Rajini Uday Dr Shashikala Patil, Dr Jyotsna Madan, Dr Sunitha Mahesh
	Mag Sulph regimes in PE/ Preterm labour, ALPS and early term steroids, Delivery in critically ill women, Antibiotic stewardship		
4.45pm	Vote of Thanks		
	Coffee /Tea		