



Bengaluru Menopause Society

Cordially invites you to a

CME

"FEM POWER 2- Empowering the Second Innings"

21st July 2019, Sunday

Time: 10am to 1pm

Venue: Hotel Taj by Vivanta, M G Road, Bangalore

President

Dr. Jyothika A Desai

Vice President

Dr. Sundari N

Hon.Secretary

Dr. Shobha N Gudi

Treasurer

Dr. Shubha Rama Rao

Jt.Secretary

Dr. Thejavathy G V

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Dr. Susheela Rani

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Dr. Jaya Narendra

Dr. Meenakshi Bharat

Dr. Pushpa Srinivas

Dr. Shakila Shetty

Dr. Uma Devi

Advisory

Dr. Vidyamani L

Dr. Sheela V Mane

9.45 – 9.55 am	Registration	
9.55 – 10.00 am	Welcome	Dr Shobha N Gudi
10.00 – 11.15am	Session 1 Common challenging problems of Menopause	Chairpersons: Dr Pushpa Srinivas Dr Arulmozhi Ramarajan Dr Geetha Shanbhag
10.00 - 10.15am	Recurrent vulvovaginal candidiasis	Dr Jyothika Desai
10.15 – 10.30am	Emphasizing nutrition needs- Micronutrients	Dr K. Uma Devi
10.30 -10.45am	Evolving therapies in PMS	Dr Susheela Rani
10.45 -11.00am	Beyond Hormone Therapy	Dr Jaya Narendra
11.00– 11.15am	Interaction	
11.15 – 11.30am	Tea	
11.30 – 12.30pm	Session 2 Menopause Café: Panel discussion - MHT in Indian Women	Moderators: Dr Shobha N Gudi Dr Shubha Rama Rao Panelists: Dr Nagarathnamma Dr Latha Venkataram Dr Jyothi G S Dr Vivek Kadambi Dr Arundathi Herle Dr Benjamin
12.30 – 1.00pm	Yoga for all	Arathi/ Nirmala M
1.00 -- 2.00pm	Vote of Thanks National Anthem Lunch	Dr Shubha Rama Rao

Mailing Address:

Bengaluru Menopause Society

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Registration Free but mandatory: To register please text your name & mobile number to 9035173865(Suchitra)

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