



**CME** 2016

**15<sup>th</sup>-19<sup>th</sup> JUNE**  
**API BHAVANA**  
6, Miller Tankbund Road,  
Vasanthnagar, Bengaluru 560052

## CME COMMITTEE

### PRESIDENT

Dr. Sheela C N

### CO-ORDINATOR

Dr. Susheela Rani B.S

### VAST

Dr. Thejavathy G V

Dr. Malini, K V

Dr. Sheela V Mane

### CASE DISCUSSIONS

Dr. Padmaja

Dr. Sheela C N

Dr. Rita Mhaskar

### SDPP

Dr. Jayanthy T

Dr. Umadevi

### TABLE VIVA

Dr. Sundari N

Dr. Gomathy Narayanan

### CTG

Dr. Arulmozhi Ramarajan

Dr. Jyothika Desai

### ULTRASOUND

Dr. Shobha N Gudi

Dr. Jyothi GS

### FOOD

Dr. Venkatesh N

## BSOG OFFICE BEARERS

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Dr. Nagarathnamma R	Vice President
Dr. Chandrika Muralidhar	President Elect
Dr. Thejavathy G V	Hon. Secretary
Dr. Shilpa G B	Joint Secretary
Dr. Mangala Devi K R	Hon. Treasurer
Dr. Ashakiran T R	Joint Treasurer
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Dr. Jyothi G S  
Dr. Manjula N V  
Dr. Prathima Radhkrishnan  
Dr. Shashikala Karanth  
Dr. Shirley George  
Dr. Shobha N Gudi  
Dr. Shubha Rao  
Dr. Vishnupriya

### INVITED MEMBERS

Dr. Kamini A Rao  
Dr. Hema Divakar  
Dr. Sheela V Mane

### ADVISORY COMMITTEE

Dr. Gomathy Narayanan  
Dr. Jyothika A Desai  
Dr. Susheela Rani B S  
Dr. Vidya V Bhat  
Dr. Venkatesh N



## WELCOME

Dear budding ObGyns,

BSOG CME 2016 calling!!!

Mark the dates: 15th June, Wednesday to 19th June, Sunday. Yes, our upcoming CME 2016 is going to be a day longer than usual. Newer ideas and more topics have mandated this time stretch.

We love to give you more, and more, each and every time. What's that extra this time? Well, in addition to our already exciting sessions, we have added Gynecological skill drills – POP Q, surgical sutures and knots, & PPIUCD, Laparoscopy and Hysteroscopy. Plus, an interactive panel discussion on contraception: to make every pregnancy a planned one.

We are charged, to give you an enjoyable learning experience and to make every challenge in your professional life 'manageable'.

Welcome to Bengaluru, the Mecca of learning. As you are aware, we take pleasure in organizing this high-intensity teaching program, year after year. Case discussions, capsules, drills, student delegate participation program, panel discussion, and workshops to keep you fixed and focused for five days! As always, the sessions are interactive. Come get closer to your teachers!

With warm wishes,

**Dr. Susheela Rani BS**

CME Co-ordinator

(0)98451 33628



## WEDNESDAY, 15<sup>TH</sup> JUNE 2016

8.30am - 9.30am CTG Workshop Dr. Latha Venkatram and team  
9.30am - 9.45am Inauguration and introduction to VAST  
9.45am - 10.15am Coffee  
10.15am - 1.15pm Video assisted skill transfer  
1.15pm - 1.45pm Lunch  
1.45pm - 4.45pm Video assisted skill transfer  
4.45pm - 5.00pm SDPP selection  
5.00pm - 6.00pm Ultrasound Workshop Dr. Ramamurthy B S

### VIDEO ASSISTED SKILL TRANSFER

PPH Management - Medical & Surgical  
Instrumental Delivery - Forceps and Vacuum  
Pelvis & Presentations  
Assisted Delivery - Breech and Shoulders  
Basic Life Support  
Neonatal Resuscitation

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## THURSDAY, 16<sup>TH</sup> JUNE 2016

8.00am - 9.00am	SDPP	Obstetrics	Dr. Poornima Dr. Parveen Y Dr. Ashwini U Nayak
9.00am - 10.00am	Long Case	Ovarian Tumor	Dr. Haresh Doshi Dr. Padmaja P Dr. Chitra
10.00am - 11.00am	Long Case	AUB	Dr. Sareena Gilvaz Dr. Sridhar Venkatesh Dr. Asha Swarup
11.00am - 11.15am	Coffee Break		
11.15am - 11.45am	Short Case	Breech presentation	Dr. Shukla Shetty Dr. Ashok Kumar
11.45am - 12.45pm	Long Case	Multiple Pregnancy	Dr. Sareena Gilvaz Dr. Shirley George Dr. Ashok Kumar
12.45pm - 1.15pm	Short case	PID	Dr. Rita Mhaskar Dr. Nagarathnamma R
1.15pm - 1.30pm	Capsule	How to face the exam	Dr. Haresh Doshi
1.30pm - 2.30pm	Lunch		
2.30pm - 3.30pm	Long Case	Heart disease in pregnancy	Dr. Haresh Doshi Dr. Jyothika A Desai Dr. Annamma Thomas
3.30pm - 4.00pm	Short Case	Gestational Trophoblastic Neoplasia	Dr. Prashanth Joshi Dr. Ambukani Subbina
4.00pm - 5.00pm	Long Case	Cancer Cervix	Dr. Bafna U D Dr. Chitra Dr. Chopde S S
5.00pm - 6.00pm	Table Viva		Dr. Gomathy Narayanan Dr. Sundari N Dr. Suvarna



## FRIDAY, 17<sup>TH</sup> JUNE 2016

8.00am - 9.00am	SDPP	Gynecology	Dr. Prabha Ramakrishna Dr. Shashikala Karanth Dr. Nalini
9.00am - 10.00am	Long Case	Previous LSCS	Dr. Jayanthi T Dr. Palaniappan N Dr. Veerendra Kumar
10.00am - 11.00am	Long Case	Gestational Diabetes Mellitus	Dr. Ambarish Bhandiwad Dr. Hemanth Deshpande Dr. Shakila Shetty
11.00am - 11.15am	Coffee Break		
11.15am - 12.15pm	Long Case	Anemia in pregnancy	Dr. Palaniappan Dr. Sheela C.N Dr. Arulmozhi R
12.15pm - 1.15pm	Long Case	FGR	Dr. Shiela Balakrishnan Dr. Damayanthi Dr. Sujani B K
1.15pm - 1.30pm	Hyperglycemia in pregnancy, FOGSI-FIGO Guidelines		Dr. Hema Divakar
1.30pm - 2.30pm	Lunch		
2.30pm - 3.30pm	Long Case	RPL	Dr. Hemanth Deshpande Dr. Umadevi K Dr. Shubha Rama Rao
3.30pm - 4.00pm	Short Case	Prolonged Pregnancy	Dr. Sampath Kumar Dr. S.K. Sharma
4.00pm - 5.00pm	Long Case	Infertility	Dr. Shiela Balakrishnan Dr. Korula George Dr. Shylaja N
5.00pm - 6.00pm	Video session	Internal Iliac artery ligation Conservative surgical Management of AUB	Dr. Malini K V Dr. Vidya V Bhat

## SATURDAY, 18<sup>TH</sup> JUNE 2016

8.00am - 9.00am	SDPP	Fertility & Family Welfare	Dr. Shylaja Dr. Sujatha Prabhu Dr. Aruna Muralidhar
9.00am - 10.00am	Long Case	Primary amenorrhoea	Dr. Suyagna Joshi Dr. Lakshmi Seshadri Dr. Sunanda Kulkarni
10.00am - 11.00am	Long Case	Jaundice in Pregnancy	Dr. Prakash Mehta Dr. Shobha N Gudi Dr. Jyothi G S
11.00am - 11.15am	Coffee Break		
11.15am - 11.45am	Short case	Secondary Amenorrhoea	Dr. Ambuja C Dr. Prameela H J
11.45am - 12.45pm	Long Case	Post Menopausal Bleeding	Dr. Aruna Kekre Dr. Amutha Dr. Sheela V Mane
12.45pm - 1.15pm	Short case	Leukorrhoea	Dr. Ambuja C Dr. Munikrishna
1.15pm - 1.30pm	Capsule	Basics of ART	Dr. Kamini A Rao
1.30pm - 2.30pm	Lunch		
2.30pm - 3.30pm	Long Case	Genital Prolapse	Dr. Aruna Kekre Dr. Krishna L Dr. Srinivas K Jois
3.30pm - 4.00pm	Short Case	Preterm labour	Dr. Ratna Bulusu Dr. Prema Prabhudeva
4.00pm - 5.00pm	Long Case	Hypertension in Pregnancy	Dr. Lakshmi Seshadri Air. Cmde. Dr. G S Sandhu Dr. Thejavathy G V
5.00pm - 6.00pm	Panel	Contraception	Dr. Susheela Rani B S



# SUNDAY, 19<sup>TH</sup> JUNE 2016

8.00am - 8.30am	Introduction to POP-Q	Dr. Nilgar Dr. Anita Dayal and team
8.30am - 9.00am	Statistics made easy	Dr. Lakshmi Seshadri
9.00am - 9.30am	Valedictory	
9.30am - 10.00am	Coffee	
10.00am - 2.00pm	Gynaec Drills	1. Pop Q Dr. Nilgar, Dr. Anitha Dayal and team 2. Laparoscopy Dr. Saraswathi Ramesh and team 3. IUCD ( Postpartum/Interval) and Surgical knots Dr. Ashakiran and team 4. Hysteroscopy / MVA - Dr. Vidya Bhat and team
2.00pm - 3.00pm	Lunch	

## (SDPP) Student Delegate Participation Programme

Students make a Power point presentation on a topic for 7 minutes and defend it for 2 minutes followed by judges' comments for 1 minute. 6 students will be chosen to talk on each day. Interested students may give their names at the time of registration. Selection of students and their topics will be on lots drawn on 15th June 2016. Participating students will be given certificates. Winners in each category will be awarded prize in the valedictory function.

### Topics: 16<sup>th</sup> June, Thursday, Obstetrics

1. Foetal neuroprotection strategies
2. Timing of delivery ( Grit and Truffle trials)
3. Cervical length assessment
4. Pregnancy of unknown location (PUL)
5. 2nd stage Cesarean section
6. Maternal death reporting in India

### Topics: 17<sup>th</sup> June, Friday, Gynecology

1. CT versus MRI for gynaec cancer assessment
2. Interventional ultrasound in gynaecology
3. Adipose tissue, an endocrine organ
4. Role of mesh in slings and grafts - an update
5. FOGSI guidelines for management of PCOS
6. Medical management of Fibroids

### Topics: 18<sup>th</sup> June, Saturday, Fertility & Family welfare

1. Three-parent IVF: the benefits and the risks
2. Sperm donation, rules and regulations
3. Are there effective and clinically validated stem cell-based therapies for reproductive diseases?
4. Frozen embryo transfer
5. Family Planning (FP) 2020 goal, are we there yet?
6. Family Planning needs of the vulnerable/marginalized

**Drills:** Obstetric emergencies demand quick thinking and correct methods and measures to save life. An entire day is devoted to providing hands-on training in dealing with such situations. Hands on training in the management of difficult deliveries, resuscitation of mother and newborn prepare you to handle any situation with confidence.

Gynaec drills are designed to make you confident in handling gynecological situations, be it quantification of genital organ prolapse or insertion of an IUCD. We have another station to make you adept at using appropriate sutures and appropriate knots in surgeries, one more to teach you the skills of peeling the cyst wall at laparoscopy or placing sutures. Yet another station to interest you in Hysteroscopy. At the end of the day, the drills will make you feel exhilarated at the skills gained.

**CTG workshop:** CTG for the obstetrician is like ECG for the physicians. While the trace can be taken by any trained person, the interpretation of the trace is to be done very carefully, by the obstetrician, with proper clinical correlation. Most fatal errors arise from improper interpretation, as revealed by confidential inquiries. This workshop will enhance your understanding of fetal physiology and strengthen your skills in interpretation.

**Ultrasound workshop:** Again, basic knowledge of ultrasound is important for sound obstetric practice. This workshop is intended to impart focused training in identifying important fetal structures, markers of aneuploidy, and other features of fetal well-being and ill health.

**Table Viva:** Histopathology / X ray films / MRI reports / Specimens / Instruments / Drugs / Contraceptives, etc. will be displayed / projected on screen. Candidates will be expected to identify the same and answer questions on it. The session is intended to train students to answer

**Case Discussions:** 3 students from assigned institutions will present the case. Case discussions will follow the pattern seen in examinations.

**Video Session:** There are certain surgeries which are a must for any ObGyn. Internal Iliac artery ligation and conservative surgeries for management of AUB are demonstrated and key steps explained.

**Panel on Contraception:** If contraception were like mathematics it would be easy to arrive at the best contraceptive for any couple. However, age, clinical situation, affordability, personal liking will make the choice difficult. A panel discussion on contraception will help you to provide a pragmatic solution to individual couples.

Please visit [www.bsog.in](http://www.bsog.in) for downloading the Brochure and Registration form



